



Creative Physical Activities and Equipment (Paperback)

By Bev Davison

Human Kinetics Publishers, United States, 1998. Paperback. Book Condition: New. 229 x 154 mm. Language: English . Brand New Book. Veteran physical educator Bev Davison knows how to get the biggest bang for her buck. In Creative Physical Activities and Equipment, she shares her secrets of how to expand a physical education or recreation program without exceeding the budget. Davison's practical, ready-to-use strategies help you make the most of your budget, no matter how big or small. But the ideas in this book aren't just easy on the wallet; more equipment means less down time and more opportunities for children to participate and learn. First, you'll discover how to make equipment using inexpensive, readily available materials and even trash! Need some pinnies? Grab a pair of scissors and some old towels and start creating! Are old dryer sheets accumulating in the laundry room? Turn them into juggling scarves! All of the equipment is easy to assemble—no mechanical skill is needed. In addition, the book describes dozens of unique games and activities that use this equipment to teach important skills. Next, the book explains how to use traditional equipment—such as Frisbees and jump ropes—in nontraditional ways and how to...

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