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# XING YI QUAN TU NA SI BA: THE FOUR BREATHING FORMS OF MASTER LI GUI CHANG (PAPERBACK)



Outskirts Press, United States, 2014. Paperback. Book Condition: New. 249 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Tu Na Si Ba - The Secret Breathing Methods of Xing Yi Quan. Chinese-English Edition with link to online video of Tu Na Si Ba performed by Master Song Zhi Yong. In Northern China and in Shanxi Province, the purported birthplace of Xing Yi Quan, Master Li Gui Chang is a legendary figure in the world of...

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- Authored by Song Zhi Yong
- Released at 2014



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