



## Mistakes Were Made (But Not by Me): Why We Justify Foolish Beliefs, Bad Decisions, and Hurtful Acts

By Carol Tavris, University Emeritus Elliot Aronson

BRILLIANCE AUDIO, United States, 2014. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Why do people dodge responsibility when things fall apart? Why the parade of public figures unable to own up when they screw up? Why the endless marital quarrels over who is right? Why can we see hypocrisy in others but not in ourselves? Are we all liars? Or do we really believe the stories we tell? In this terrifically insightful and engaging audiobook, renowned social psychologists Carol Tavris and Elliot Aronson take a compelling look at how the brain is wired for self-justification. When we make mistakes, we must calm the cognitive dissonance that jars our feelings of self-worth. And so we create fictions that absolve us of responsibility, restoring our belief that we are smart, moral, and right a belief that often keeps us on a course that is dumb, immoral, and wrong. Backed by years of research, *Mistakes Were Made (But Not by Me)* offers a fascinating explanation of self-deception how it works, the harm it can cause, and how we can overcome it. Be advised: You will never be able to shun blame quite so casually again.



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