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How Things Exist: Teachings on Emptiness

By Lama Zopa Rinpoche

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. This wonderfully practical book is a manifestation of Lama Zopa Rinpoche's peerless wisdom realizing emptiness and illuminates the personal experience of this rare and precious teacher. Rinpoche offers an incredible amount of information in this concise title by emphasizing the importance of compassion and universal responsibility, showing how we can make this life meaningful, giving a brief explanation of the nature of the enlightened mind and how we can attain it, offering an amazing and extensive explanation of emptiness, the ultimate nature of reality, by analyzing the way various phenomena exist and finally teaching us how we can successfully meditate on emptiness. The most powerful, immediate way to stop problems is to remember emptiness. You should especially remember emptiness when you are in situations where there's a danger of giving rise to strong anger or uncontrolled desire and creating heavy negative karma and causing great harm to others. -Lama Zopa Rinpoche The Lama Yeshe Wisdom Archive brings you the collected works of Lama Yeshe and Lama Zopa Rinpoche. The Archive was founded in 1996 by Lama Zopa...


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