



Shining Affliction: A Story of Harm and Healing in Psychotherapy

By Annie G. Rogers

Plume. Paperback. Book Condition: new. BRAND NEW, Shining Affliction: A Story of Harm and Healing in Psychotherapy, Annie G. Rogers, Rogers pulls us with disarming directness into her treatment, during her psychiatric internship, of a severely traumatized five-year-old boy. The touching appeal of the interactions between them then propel us into the frightening core of Rogers' book--her own rapid decline into psychosis and institutionalization. This was triggered by the child's expression of his horrifying fears and her own initial therapist's rejection of her. Only the ministrations of a second unusually gifted psychoanalyst helped Rogers reassemble her shattered psyche. The multifaceted, two-way healing that occurred between the young intern struggling for emotional truth and the "untreatable" child finally enabled Rogers to recall the searing pain and frustration she experienced and challenge some of modern psychotherapy's basic tenets. Although mostly straightforward enough, Rogers leaves curiously unexamined the aborted relationship with her first, rejecting therapist, which makes her account jarringly incomplete despite its overall mesmerizing force.



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