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Stress Relief Coloring Book Animal Kingdom (Paperback)

By Individuality Books

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Large Print. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Stress Relief Coloring Book Animal Kingdom Coloring in Stress Relief Coloring Book Animal Kingdom will be more than just a fun activity or hobby for you. Coloring has been scientifically proven to reduce stress and anxiety. It may help with headaches, upset stomach, lower blood pressure, back pain, sleep disorders, and depression. We offer this Stress Relief Coloring Book Animal Kingdom to you for hours of creative coloring pleasure. As you focus on coloring Stress Relief Coloring Book Animal Kingdom, it relaxes you. It soothes you. You bring out your creative side and create your own masterpieces. Inside this Stress Relief Coloring Book Animal Kingdom you'll find 30 hand drawn intricate Animal designs on SINGLE SIDED Pages and 6 examples on the back page to get you started. This book is suitable for adults, teens, and even seniors. Our coloring books (Individuality Books) can be purchased for your own pleasure, or as gifts for others.



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