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## You and Your Child's Psychotherapy: The Essential Guide for Parents and Caregivers

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By Michael Weiner, Les Gallo-Silver

Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, You and Your Child's Psychotherapy: The Essential Guide for Parents and Caregivers, Michael Weiner, Les Gallo-Silver, Many resources exist for helping parents find and select a psychotherapist for their child. However, when a child is recommended for therapy, parents are often left with little information beyond the initial referral. Parents who are unfamiliar with psychotherapy might be confused how to proceed, or be wary of therapy stereotypes. You and Your Child's Psychotherapy demystifies the way therapy works, helping parents enter the process as a partner, and give their child and family the best chance for success. Weiner and Gallo-Silver guide parents through the entire therapy process, emphasizing their vital role in the child's psychotherapy and how they can contribute to the success of their child's treatment. With the end goal of creating a partnership between parents and therapists, You and Your Child's Psychotherapy provides a practical and easy-to-follow roadmap to the process of therapy, helping parents become more involved, and teaching them what to expect. This book is empowering for all parents, guardians, and primary caregivers across diverse cultural and ethnic backgrounds.



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