



Sugar for Diabetics - Cure Diabetes Type 2 with Stevia: Reduce Blood Sugar Naturally (Paperback)

By Matt Roberts, Dr Matt Roberts

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Did you know that Guarani Indians in South America only suffer from diabetes in very rare cases? For many centuries, South America's original inhabitants have been using a miracle plant called stevia, known for its sweetening effect and its medical properties. Stevia, a plant that you can plant anywhere on your own, has the botanical name *Stevia rebaudiana* Bertoni. Worldwide it is also known by names that mean sweet weed, sweet leaf, sugar hat or honey weed. It has an extremely strong natural sweetening effect, without harmful side effects. It can be used in a wonderful way to alleviate or heal diverse diseases. Not just diabetics can use this sweetener without any reservations - for people with weight and skin problems, as well as other diverse diseases, stevia represents a healthy alternative as well. When it comes to losing weight, and for diabetes, this plant achieves true miracles. Correct nutrition is of utmost importance for diabetes patients. If blood sugar, blood pressure and blood fat are improved, consequential diseases can be avoided. Using stevia, there is a...



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Reviews

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