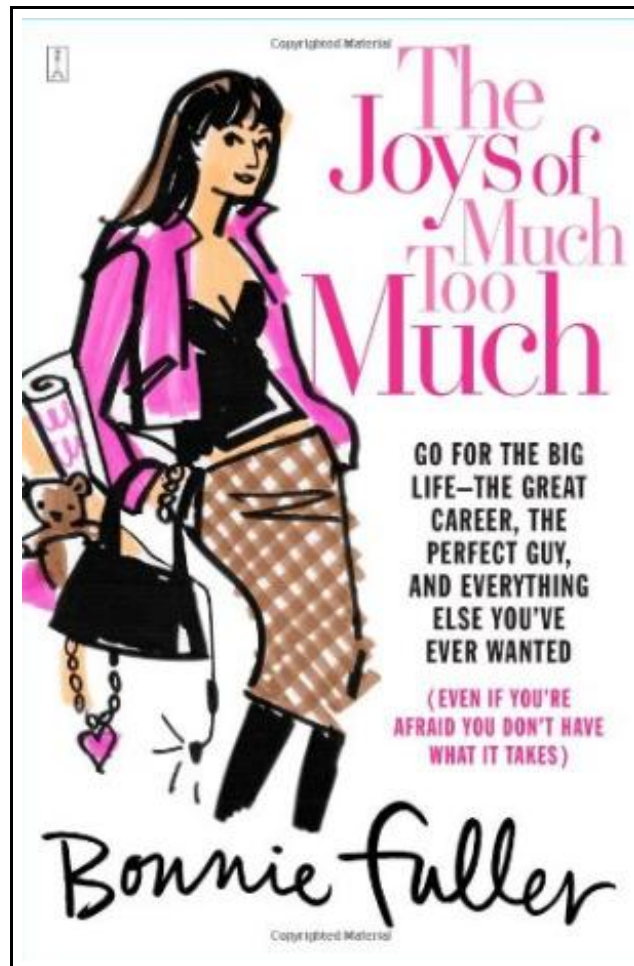


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FIRESIDE BOOKS, United States, 2006. Hardback. Book Condition: New. 216 x 148 mm. Language: English . Brand New Book. A business powerhouse and mother of four who has led America s most popular magazines -- including Glamour, Cosmopolitan, Us Weekly, and Star -- to record successes, Bonnie Fuller has, until now, been an immensely private person. But in *The Joys of Much Too Much*, she shares an unthinkable secret: the key to happiness is not a balanced life but one that is maxed out with a career, romance, and family. Not only can you have it all, but you shouldn t settle for anything less. In *The Joys of Much Too Much* she provides a blueprint for having everything you want personally and professionally -- even if you re afraid you don t have what it takes. For the first time, Fuller tells with astonishing candor what it was like to be an awkward, shy girl from a middle-class Jewish family who learned through hard-won successes and painful failures how to invent the over-the-top life she wanted. Using personal anecdotes from her home and professional lives, Fuller describes the unusual coping methods that have made her happily unbalanced life work for her (hint: check your lettuce in the coatroom). In this straight-shooting, inspiring how-to, Fuller shows readers how to turn negatives into positives, squeeze the very most out of every chaotic minute, and embrace the unknown. *The Joys of Much Too Much* will lead you to envision more for yourself, go for it -- and then get it.



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